

HOLLAND PARK SCHOOL 2022 to 2023

SUBJECT CURRICULUM | PSHE

SUBJECT LEADER

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CURRICULUM INTENT STATEMENT

In line with the Statutory Guidance, PSHE curriculum aims to equip students to be safe and healthy and manage their academic, personal and social lives in a positive way. The increasingly complex world in which our students are growing up in presents a number of positive and exciting opportunities but also challenges and risks. The study of PSHE helps to cultivate resilience and character, allowing them to leave school and flourish in the wider world. This development stems from a breadth of knowledge and understanding that allows each student to make informed and considered decisions. Discussion lies at the heart of every lesson giving students the opportunity to critically engage with the views of others and develop their own.

CURRICULUM OVERVIEW

The PSHE Curriculum is a sequenced, spiral programme that builds on prior learning as pupils progress through school. It is statutory guidance to teach the majority of the PSHE curriculum, with statutory content referred to as Relationships and Sex Education and Health Education. Beyond this, the curriculum covers a range of topics under the themes of Living in the Wider World, Health and Wellbeing and Relationships.

YEAR 7

Unit 1: Health and Wellbeing- Transition and Safety

Unit 2: Living in the Wider World- Developing Skills and Aspirations

Unit 3: Relationships- Diversity

Unit 4: Health and Wellbeing- Health and Puberty

Unit 5: Relationships- Building Relationships

Unit 6: Living in the Wider World- Financial Decision Making

YEAR 8

Unit 1: Health and Wellbeing- Drugs and Alcohol

Unit 2: Living in the Wider World- Community and Careers

Unit 3: Relationships- Discrimination

Unit 4: Health and Wellbeing- Emotional Wellbeing

Unit 5: Relationships- Identity and Relationships

Unit 6: Living in the Wider World- Digital Literacy

YEAR 9

Unit 1: Health and Wellbeing- Peer Influence, Substance Use and Gangs

Unit 2: Living in the Wider World- Setting Goals

Unit 3: Relationships- Respectful Relationships

Unit 4: Health and Wellbeing- Healthy Lifestyle

Unit 5: Relationships- Intimate Relationships

Unit 6: Living in the Wider World- Employability Skills

YEAR 10

Unit 1: Health and Wellbeing- Mental Health

Unit 2: Living in the Wider World- Financial Decision Making

Unit 3: Relationships- Healthy Relationships

Unit 4: Health and Wellbeing- Exploring Influence

Unit 5: Relationships- Extremism and Radicalisation

Unit 6: Living in the Wider World- Work Experience

YEAR 11

Unit 1: Health and Wellbeing- Building for the Future

Unit 2: Living in the Wider World- Next Steps

Unit 3: Relationships- Communication in Relationships

Unit 4: Health and Wellbeing- Independence

Unit 5: Relationships- Families

YEAR 12

Unit 1: Health and Wellbeing- Mental Health and Emotional Wellbeing

Unit 2: Relationships- Diversity and Inclusion

Unit 3: Relationships- Readiness for Work

Unit 4: Health and Wellbeing-Planning for the Future

Unit 5: Relationships- Respectful Relationships

Unit 6: Living in the Wider World- Health Choices and Safety

YEAR 13

Unit 1: Health and Wellbeing- Mental Health and Emotional Wellbeing

Unit 2: Relationships- Intimate Relationships

Unit 3: Health and Wellbeing- Community and Careers

Unit 4: Living in the Wider World- Next Steps

Unit 5: Living in the Wider World- Financial Choices